

PRASAD V POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY

KANURU, VIJAYAWADA - 7

(AUTONOMOUS)

DEPARTMENT OF FRESHMAN ENGINEERING

CIRCULAR

Date: 07-04-26

A program WINGS (Wholesome Integration Nurturing Good Students) is initiated for all the I B. Tech. students to guide them to the pathway of success in different domains. As a part of Talk series-9, a Guest lecture on "Basic Mental Health Awareness" was organized to all the I B.Tech. students to promote emotional well-being, stress management and healthy coping strategies among students.

Topic: "Basic Mental Health Awareness"

Speaker: Dr. Medikonda. Meena Kumari

MD Psychiarty,

Latha Super Speciality, Ankura, American Kidney Institute Hospitals, Vijayawada

Date: 08-04-26

Venue: Auditorium

Time: 03:00PM - 05:00PM

(Dr. M. SriLakshmi)

mead




Freshman Engineering Department  
PVP Siddhartha Institute of Technology  
Kanuru, VIJAYAWADA-520 007.

# PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY

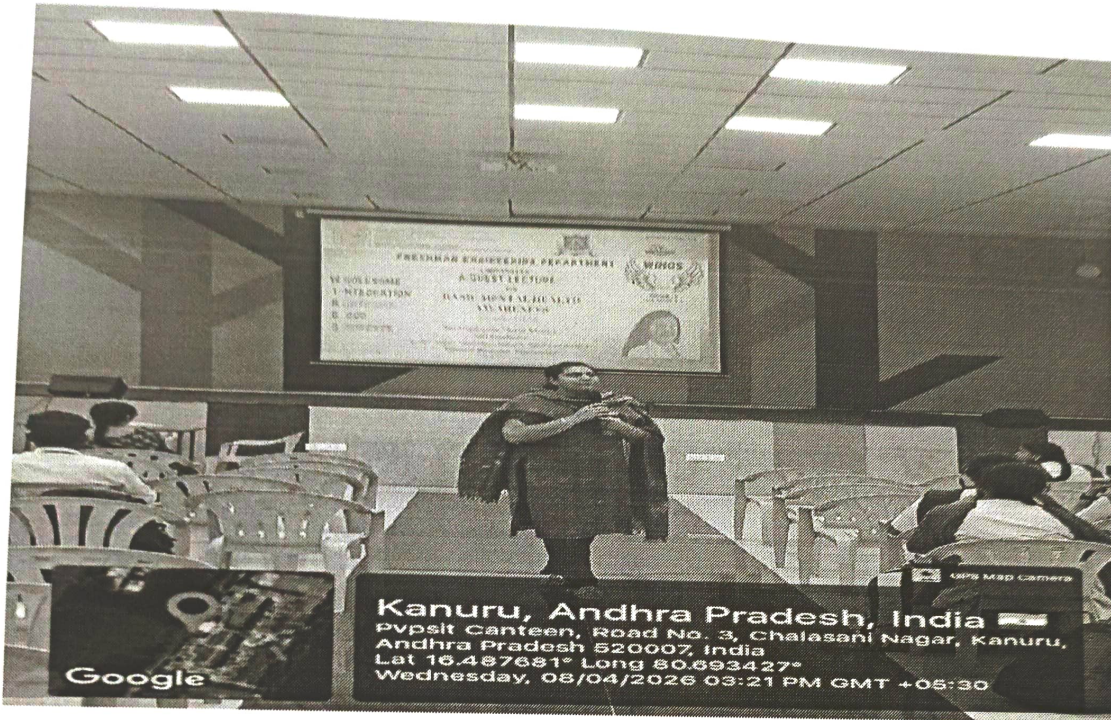
DEPARTMENT OF FRESHMAN ENGINEERING

## SUMMARY REPORT ON EVENT ORGANIZED

ACADEMIC YEAR : 2025-2026

Date of Event organized & Date	8.4.2026
Name of the Program	WINGS-TALK SERIES -9
Theme of the Program	BASIC MENTAL HEALTH AWARENESS
Resource person	Dr.Medikonda Meena kumara MD Psychiarty, Latha super speciality ,Ankura,American kidney institute hospitals,Vijayawada.
Brief Report on the Event	The FED Department – WINGS organized WING Talk Series – 9 on <b>08 April 2026</b> on the topic “ <b>Basic Mental Health Awareness.</b> ” The session was delivered by <b>Dr. Medikonda Meena Kumari, MD (Psychiatry)</b> , Consultant Psychiatrist, Vijayawada.The resource person highlighted the importance of mental health, common mental health issues such as stress, anxiety, and depression, and effective coping strategies. She emphasized the need for self-care, emotional well-being, healthy lifestyle practices, and seeking professional support when required.The session was interactive and informative, enabling participants to better understand mental health and its significance in everyday life. The program concluded with a vote of thanks to the resource person for her valuable insights.
Year/Semester	I YEAR /II SEM
No. of the participants	All I B.Tech students present during the Induction program.
Consolidated Feedback	Good
Suggestions if any	---
Name of the Coordinators/ Signature of the coordinators	Dr.M.Silpa  Dr.P.Lakshmilavanya 
Signature of the HOD	

Head  
Freshman Engineering Department  
PVP Siddhartha Institute of Technology  
Kanuru, VIJAYAWADA-520 007.



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