

PRASAD V. POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY
INTERNAL COMPLAINTS COMMITTEE & WOMEN'S CELL

Following are the list of activities/programs organized by Women's cell of Prasad V. Potluri Siddhartha Institute of Technology during the academic year 2021-22.

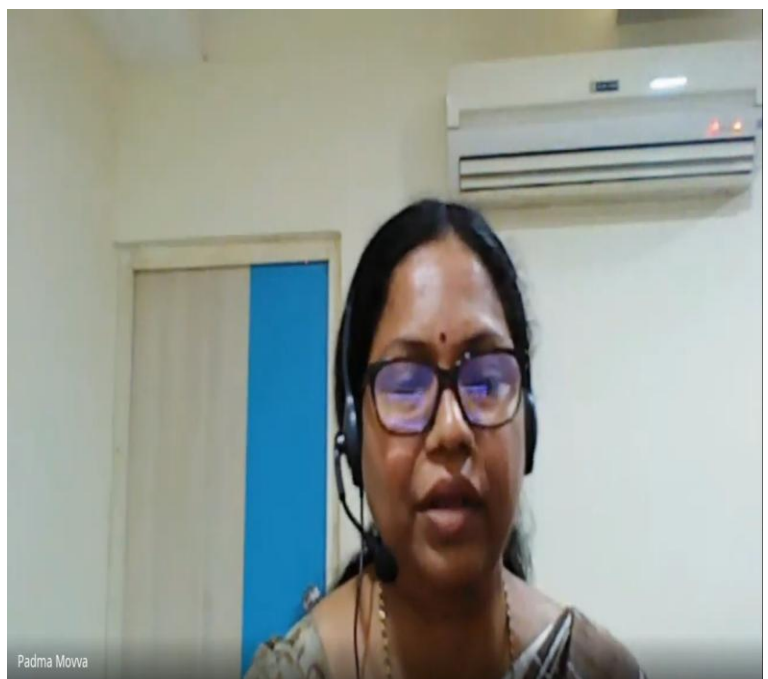
S.NO	Topic	Speaker	Dates
1.	Empowering Women through Entrepreneurship	Smt.K. Rama Devi Founder & President, Association of Lady Entrepreneurs of India(ALEAP) Dr.Movva Padma, M.D(USA) Senthi Hospitals, Bobba Deepthi Director, Aruna Finance Limited	10-03-2021
2.	Women's Cell and Internal Complaints Committee organized a webinar on "Balanced Diet: The Key to Master your Metabolism"	Dr. Vijaya Lakshmi, ICAR Emeritus scientist, Department of food science and Nutrition, University of Agricultural Sciences, Bangalore	12-08-2021
3.	Improving Interpersonal Relationships and Emotional Regulation	Dr. Jhansi Rani Nutalapati Consultant Psychologist Spandana Hospitals	04-01-2022
4.	Three-Day Workshop on "Craft & Artistic Skills"	Ms. Ajitha	05-01-2022 to 07-01-2022
5.	Three – day state level training programme on "Gender Responsive Budgeting"	Mrs. K G V Saritha Dr. Kondru Sudheer Kumar Dr. Zahoorullah.S.MD Dr. Rajesh C Jampala Prof. Ch. Beena Prof. L. Jaya Sree Prof. Saraswati Raju Iyer Dr. B.Keerthi	03-03-2022 to 05-03-2022
6.	Conducted ELOCUTION SINGING & MEMORY Games competition for Hostel students	Dr. P. Adi Lakshmi Women's cell Chair Person	30.03.2022

MARCH 2021

On 10 – 03- 2021 INTERNAL COMPLAINTS COMMITTEE & WOMEN’S CELL of PVP Siddhartha institute of technology organized a webinar on **“Empowering Women through Entrepreneurship”** by following Resource persons.

1. **Smt. K. Rama Devi**, Founder & President, Association of lady Entrepreneur of India (ALEAP)
Chairperson, Atal Incubation Center, ALEAP WE-hub
2. **Dr. Movva Padma**
M.D (USA), Managing Director of SENTINI Hospitals
3. **Deepti Bobba**
Director of Aruna Finance Limited

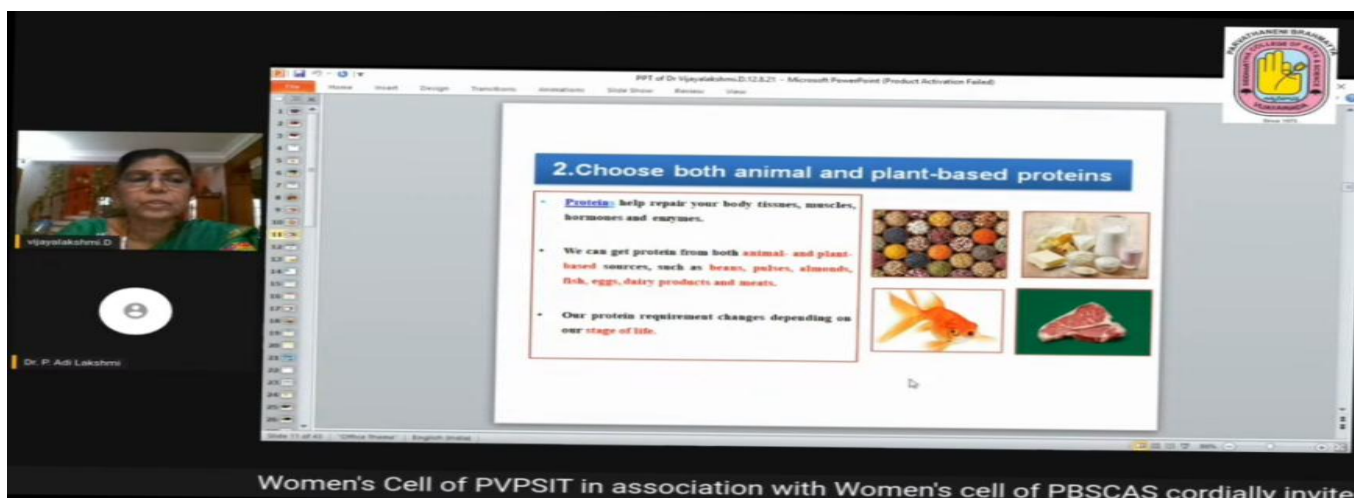
Later session taken by the following resource persons on empowering women.



AUGUST 2021

On 12-08-2021 INTERNAL COMPLAINTS COMMITTEE & WOMEN'S CELL of PVP Siddhartha institute of technology in association Women's cell of PB Siddhartha college of Arts and Science conducted a webinar on **Balanced Diet: The Key to Master Your Metabolism** by

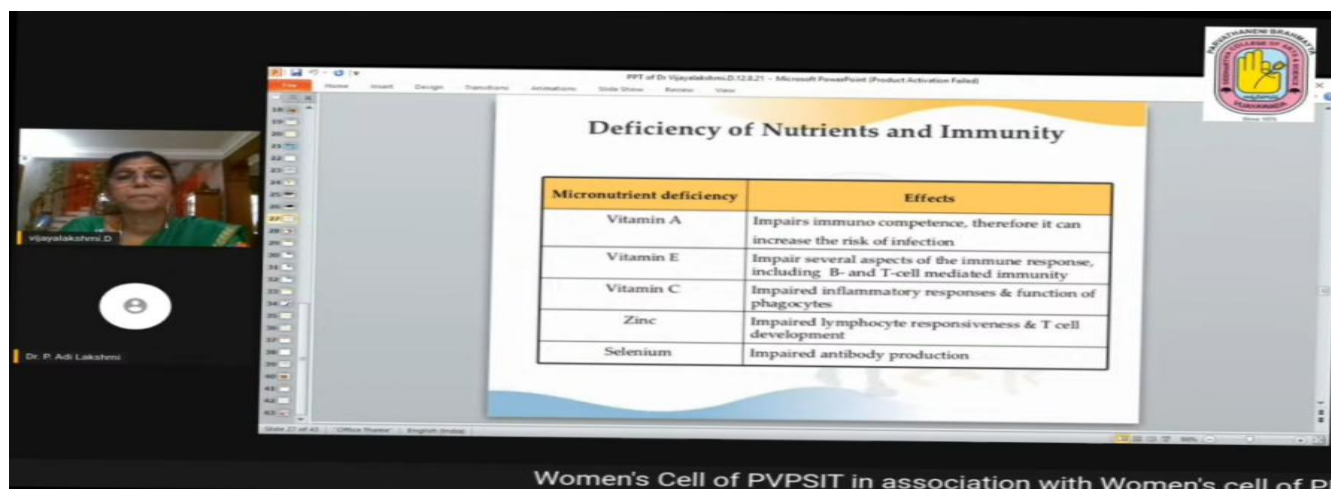
- Dr. Vijaya Lakshmi, ICAR Emeritus Scientist, Department of Food Science and Nutrition, University of Agricultural Science, Bangalore.



The screenshot shows a Zoom webinar interface. On the left, there is a video feed of Dr. P. Adi Lakshmi and a list of participants. The main area displays a PowerPoint slide titled "2. Choose both animal and plant-based proteins". The slide content includes:

- Proteins:** help repair your body tissues, muscles, hormones and enzymes.
- We can get protein from both **animal- and plant-based sources**, such as **beans, pulses, almonds, fish, eggs, dairy products and meats.**
- Our protein requirement changes depending on our **stage of life.**

Accompanying images on the slide include a bowl of mixed nuts, a glass of milk, a goldfish, and a piece of salmon. The bottom of the screen features a banner: "Women's Cell of PVPSIT in association with Women's cell of PBSCAS cordially invite."



The screenshot shows a Zoom webinar interface. On the left, there is a video feed of Dr. P. Adi Lakshmi and a list of participants. The main area displays a PowerPoint slide titled "Deficiency of Nutrients and Immunity". The slide contains a table with the following information:

Micronutrient deficiency	Effects
Vitamin A	Impairs immuno competence, therefore it can increase the risk of infection
Vitamin E	Impair several aspects of the immune response, including B- and T-cell mediated immunity
Vitamin C	Impaired inflammatory responses & function of phagocytes
Zinc	Impaired lymphocyte responsiveness & T cell development
Selenium	Impaired antibody production

The bottom of the screen features a banner: "Women's Cell of PVPSIT in association with Women's cell of PBSCAS cordially invite."

JANUARY 2022

On 04-01-2022 INTERNAL COMPLAINTS COMMITTEE & WOMEN'S CELL of PVP Siddhartha institute of technology organized **Improving Interpersonal Relationships and Emotional Regulation** by Dr. Jhansi Rani Nutalapati Consultant Psychologist Spandana Hospitals



JANUARY 2022

From 5th Jan to 10th Jan 2022 INTERNAL COMPLAINTS COMMITTEE & WOMEN'S CELL of PVP Siddhartha institute of technology in collaboration with Pidilite offered a Fevicol certificate course for the I B.Tech Students to **develop Artistic skills among them.**

Resource person - Mrs. Ajitha

- Our Principal Sir Dr. K. Sivaji Babu garu visited the crafts display, interacting with students and commending their innovative and artistic creations, motivating them to pursue their talents further.
- The prize distribution ceremony was held with great enthusiasm. Our Principal Sir awarded the prizes to the deserving students, acknowledging their achievements in various competitions.



From 03-03-2022 to 05-03-2022 Three – day state level training programme on “**Gender Responsive Budgeting**” organized by INTERNAL COMPLAINTS COMMITTEE & WOMEN’S CELL of PVP Siddhartha institute of technology



On 30.03.2022 INTERNAL COMPLAINTS COMMITTEE & WOMEN'S CELL of PVP Siddhartha
institute of technology conducted Conducted **ELOCUTION SINGING & MEMORY** Games
competition for Hostel students

Judge: Dr. P. Adi Lakshmi

Women's cell Chair Person