

3/4 B.Tech SECOND SEMESTER

EE6L3 Personality Development Course /SOFT SKILLS Credits: 0

Lecture:

Internal assessment:

Lab Practice: 3periods/week

Semester end examination:

Objectives:

1. To introduce fundamentals of various aspects of personality traits.
2. To give them adequate exposure to the basic aspects which mould the personality
3. To enable them to develop humble nature.
4. To create in them the love for human values.
5. To develop leadership qualities.

Learning outcomes:

At the end of the course the students will be able to attain :

1. Leadership skills
2. Non verbal skills
3. Team culture
4. Managerial qualities
5. Communication skills

Pre-Requisite:

Basic understanding of personal qualities.

UNIT-I

PERSONALITY:

1. Grooming one's personality
2. Influence of heredity and environment on personality
3. Different personality types.

UNIT-II

PERSONALITY DEVELOPMENT

1. Freudian Analysis
2. Vivekananda concept

UNIT-III

LEADERSHIP QUALITIES

1. Communication skills
2. Attitude
3. Empathy
4. Adaptability
5. Conflict Resolution

UNIT-IV

SOFT SKILLS IN WORKPLACE

1. Time management
2. Planning & organization
3. Parkinson's law
- 5 Team work
6. Assertiveness

UNIT-V

BODY LANGUAGE

1. Aggressiveness
2. Submissiveness
3. Attentiveness
4. Nervousness
- 5 Defensiveness
6. Handshake

Learning resources

Text books:

Personality development & soft skills Barun K.Mithra Oxford

References:

1. Personal & emotional competence, V.Bhaskara Rao, B.S.P
2. Step by step –Niruparani.K, Jayasree Mohanraj, Pearson