

PERSONALITY DEVELOPMENT

Course Code	19HS5501D	Year	III	Semester	I
Course Category	Open Elective-I	Branch	Common to All	Course Type	Theory
Credits	3	L – T – P	3-0-0	Prerequisites	Nil
Continuous Internal Evaluation	30	Semester End Evaluation	70	Total Marks	100

Course Outcomes		Levels
After successful completion of the course, the student will be able to		
CO1	Understand the fundamentals of various aspects of personality traits.	L2
CO2	Apply various aspects of soft skills and personality development.	L3
CO3	Analyse the various techniques of stress management.	L4
CO4	Acquire the significant factors of affecting attitudes.	L4
CO5	Develop Interpersonal communication.	L4

Contribution of Course Outcomes towards achievement of Program Outcomes & Strength of correlations (3-High, 2: Medium, 1: Low)														
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2
CO1														
CO2									3	3		3		
CO3									3	3		3		
CO4									3	3		3		
CO5									3	3		3		

Syllabus		
Unit No.	Contents	Mapped COs
I	PERSONALITY: Grooming one's personality, Personality traits, Influence of heredity and environment on personality, Effective habits Emotional intelligence.	CO1, CO2
II	Conflict resolution Assertive nature Decision making skills.	CO1, CO2, CO4
III	Techniques of time management Teamwork Self confidence Stress management	CO1, CO3, CO5
IV	Attitude-concept Positive attitude-advantages Negative attitude -disadvantages	CO1, CO2, CO4
V	Qualities of successful leader Interpersonal relationship Good manners & etiquette.	CO1 , CO5

Learning Recourse(s)
Text Book:
1. Personality development & soft skills Barun K. Mith Oxford.
Reference Books:
1. Personal & emotional competence, V. Bhaskara Rao, B.S.P
2. Step by Step – Niruparani. K, Jayasree Mohanra, Pearson.
e- Resources & other digital material:
1. https://www.usingenglish.com/comprehension/ ; 2. https://www.englishclub.com/reading/short-stories.htm ; 3. https://www.english-online.at/ All Skills: https://www.englishclub.com/ ; 4. http://www.world-english.org/ 5. http://learnenglish.britishcouncil.org