

PERSONALITY DEVELOPMENT COURSE

Course Code	19HS5501 D	Year	III	Semester	I
Course Category	Open Elective	Branch	ME	Course Type	Theory
Credits	3	L-T-P	3-0-0	Prerequisites	NIL
Continuous Internal Evaluation	30	Semester End Evaluation	70	Total Marks	100

Course Outcomes

Upon successful completion of the course, the student will be able to:

CO1	Understand the fundamentals of various aspects of personality traits (L2)
CO2	Apply various aspects of soft skills and personality development(L3)
CO3	Analyse the various techniques of stress management(L4)
CO4	Acquire the significant factors of affecting attitudes(L4)
CO5	Develop Interpersonal communication.(L4)

Contribution of Course Outcomes towards achievement of Program Outcomes & Strength of correlations (H-High3, M-Medium-2, L- Low-1)

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2
CO1														
CO2									3	3		3		
CO3									3	3		3		
CO4									3	3		3		
CO5									3	3		3		

SYLLABUS

UNIT NO.	CONTENT	Mapped CO
I	Personality: Grooming one's personality, Personality traits, Influence of heredity and environment on personality, Effective habits Emotional intelligence.	CO1,CO2
II	Conflict resolution Assertive nature Decision making skills.	CO1,CO2,CO4
III	Techniques of time management Teamwork Self confidence Stress management	CO1,CO3,CO5
IV	Attitude-concept Positive attitude-advantages	CO1,CO2,CO4

	Negative attitude -disadvantages	
V	Qualities of successful leader Interpersonal relationship Good manners & etiquette.	CO1 ,CO5

LEARNING RESOURCES

Text Book:

1. Personality development & soft skills Barun K. Mith Oxford.

Reference Books:

1. Personal & emotional competence, V. Bhaskara Rao, B.S.P

2. Step by Step – Niruparani. K, Jayasree Mohanra, Pearson.

e- Resources & other digital material:

<https://www.usingenglish.com/comprehension/>; <https://www.englishclub.com/reading/short-stories.htm>; <https://www.english-online.at/>

All Skills:

<https://www.englishclub.com/>; <http://www.world-english.org/> <http://learnenglish.britishcouncil.org>